



J. Cleo Thompson Wellness Center

*Start a
Membership!*

PreCor Treadmills
Ellipticals
Recumbent Bikes
Dual Muscle Group
Weight Machines
Free Weights
Indoor Swimming Pool

Yoga
Pilates
Children's Tumbling
Swimming
Water Aerobics
Cycling
Total Body Toning



Refreshment Area
Exercise Room with Mirrors
Walking Trail
Locker Rooms
Handicap Accessible Showers

Regular Hours
Monday-Friday
5:00 am-9:00 pm
Saturday
8:00 am-1:00pm

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